

**— GROWTH SPURTS —**

**MBC Love Lift Container Will be Sent to Ukraine in April**

The U.S. government program called “Operation Provide Hope” is continuing to help us send containers to Ukraine. **The target date for loading the container** with items for Dumanci is **April 15**. Items that can be sent are food, school supplies, clothing, and shoes and boots.



**Food — Rice and Peanut Butter**

MBC churches are being asked to supply the funds for the food items and Love Lift for Ukraine will purchase the food at Costco. A 50 lb. bag of rice costs \$25 and a box of peanut butter (32 jars, 40 oz. each) costs \$120. Each church is limited to sending 12 bags of rice and 2 boxes of peanut butter.

If you are interested in helping with the costs for the food items please make your check out to First Baptist Church and designate it “Food for Ukraine Love Lift.”



**School Supplies**

Each church can send only one box of school supplies to their sister church. We would like to send **good quality items** as it is difficult to find quality school supplies in Ukraine. Items that we would like to send this year are **CRAYOLA crayons, BIC ink pens and #2 pencils**.

**DST Reminder**

Daylight Savings Time  
Begins Next Sunday, March 14  
Remember to set your clocks ahead.



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**MBC Love Lift Container (continued)**



**Clothing and Shoes/Boots**

We will again be collecting **new and used clothing as well as shoes and boots** to send to our sister church in Dumanci. **Watch the church bulletin towards the end of March to find out when to bring these items to the church and where to put them.**

If you have any **NEW clothing/shoes/boots** to send please **remove all tags and prices, and remove them from their store boxes.**

Any **USED clothing/shoes/boots** that we send **must have 80% wear left in them**. This is an “Operation Provide Hope” rule. All used items **must be clean and in very good condition**. Please do not donate old, worn out items for our friends in Ukraine.

**MANY volunteer hours go into sorting and packing** the donated items here in Roseau. You can **help reduce that time by following these guidelines:**

- Make sure **ALL items** have been washed.
- Carefully **check ALL items**, but **especially white or light colored clothing for stains**. Be sure to check for underarm stains, collar stains and food stains. We will not send stained items.
- Please **mend** any items that need to be mended and **replace any missing buttons**.
- Please **fold your donated items** as you begin putting them away instead of simply stuffing them in a bag or box. It makes it much easier to sort and pack folded items.

If you are **interested in helping sort and pack** the donated items **or if you are able to transport them to the Twin Cities in late April** please contact Jeff Heppner, Kingdom Growth Deacon.

This is a wonderful way we are able to help our church in Dumanci and we appreciate all that you do to help make it a success. Thank you!

Therefore, I urge You, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship.

Romans 12:1 (NIV)



## Kids in Country Help Fill A Tote Of Food

The Kids in Country program will be having a lunch theatre for the kids at Bethel University in April. They will have lunch, see a drama, and receive a special book written especially for them. This activity will give us the opportunity to send each child home with a tote of food. Please help us give this gift of food for these families. The goal is to have 100 totes of food for our even in April.

We here at **First Baptist Church** would like to fill at least 2 totes for this event. There is a **large blue tote below the table at Grand Central** for you to put your food items in for this project.

Examples of what foods to bring: *rice, spaghetti, macaroni & cheese, cereal bags, fruit drink boxes, hot cocoa mix, cans of soup, cans of vegetables, canned fruit, applesauce, pancake mix, maple syrup, Hamburger Helper, etc.* In a zip lock bag, non-food items that could be added are toothpaste and tooth brushes, shampoo, liquid hand soap, liquid dish soap, etc.

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## Silent Auction Fundraiser

Several of our young people – Jordan Olson, Barbara Medcraft and Kirsten Medcraft – will be going on a mission trip to Alaska this summer with a group from the Covenant Church. There will be tables with baskets they have made, for a silent auction fundraising effort at FBC beginning March 7, and going through March 21. Please prayerfully consider supporting these young people as they prepare to go!

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## Trout Lake Camps

Trout Lake Camps ([www.troutlakecamps.org](http://www.troutlakecamps.org)), a Christian camp and conference center in the Brainerd Lakes area, is currently seeking an individual to serve as assistant foodservice director. Ideal applicants should have excellent large scale cooking experience, be able to train, supervise and mentor young seasonal staff, and lift 50-75 lbs on a routine basis. Responsibilities involve summer oversight of all aspect of foodservice for Timber Ridge Camp and cooking for retreat groups during winter months. Resumes can be emailed to [sbrueske@tds.net](mailto:sbrueske@tds.net) and calls are taken at (218) 543-4565 for more in formation.

This summer find more than a job. Make a difference in a way you'll remember for the rest of your life! Trout Lake Camp is currently seeking college and High school age students to minister as summer staff. Many positions are available for the 2010 season. For more information or to download an application packer visit [www.troutlakecamps.org](http://www.troutlakecamps.org).



(Asana® and the Awana logo are trademarks of Awana Clubs International. Used by permission.)

**6:30 - 8:00 p.m.**

**Roseau High School Gym.**

Are you looking to serve in an area that can make a difference in the lives of our youth? If you are, please consider serving as an Awana leader on Wednesday evenings September through April. To learn more, please contact Pastor Pat, Randy Nelson or Martina Johnson. Thank you for your willingness to consider serving in this very important are of ministry.

**Make a difference in the life of a child - volunteer today.**

## March Schedule

### Sparks (K-2nd Grade)

- 10 - NO AWANA - SPRING BREAK
- 17 - Regular Club
- 24 - Regular Club
- 31 - Regular Club - Easter EggsraVaganza

### T&T Girls (3rd-6th Grade)

- 10 - NO AWANA - SPRING BREAK
- 17 - Regular Club
- 24 - Regular Club
- 31 - Swim Night

### T&T Boys (3rd-6th Grade)

- 10 - NO AWANA - SPRING BREAK
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### Sunday, March 7

6:30 P.M. Youth Praise Practice



### Wednesday, March 10

6:30 P.M. Youth Group (FBC)

### Looking Ahead

Youth Praise Practice, Sunday, March 14 at 6:30 p.m.

Spring Blitz @ Oak Hills Christian College - April 16-18

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**The Life Line Screening that was scheduled for Thursday, April 8th here at FBC has been Relocated to the Senior Center.**



## Women's Ministries

Women's Bible Studies ~ Starting April 5  
Moe Lutheran Church ~ 7-9 pm ~ Choice of Two

### ***Ecclesiastes led by Mary Dieter***

Join us as we each personally dive deep into God's Word for a 6 week study on Monday nights. Bring your Bible and notebook.

### ***Fingerprints of God: Recognizing God's Touch on Your Life***

This 7 week study requires completion of workbook lessons (apx. 25 minutes each) and viewing a DVD with Jennifer. Cost -\$15. Please register by **March 24** so materials can be ordered

Contact:

Janet Hetteen - mjhetteen@gmail.com or 424-7252  
Teri Johnson - teriaj@centurytel.net or 463-3558  
Julie Eaton - jeaton@wiktel.com or 425-7354  
Kecia Stroot - kecial@mncable.net or 242-3327

## 2010 Spring Prayer Retreat April 30-May 2, 2010 Cost \$115

The purpose of this retreat is to provide a time for a small group of women (limited to 26) to come away to a special place (Shalom House at Trout Lake Camp) to hear the voice of God in a fresh and intimate way. This weekend will include times of individual solitude and corporate prayer. You will want to bring your Bible and journal to reflect on how God's Word refreshes your spirit and speaks to you directly and purposefully.

Each woman will have her own private room and bath,  
So be sure to bring your own bedding and towels.

For Registration questions or directions, please contact  
Mandy or Shirley at the MBC - 651-633-0560

Roberta Skinner is the Facilitator and registration forms are located at Grand Central.

### ***Beth Moore's Esther: It's Tough Being a Woman***

Join Beth in an in-depth and very personal examination of this great story of threat and deliverance. She peels back the layers of history and shows how very contemporary and applicable the story of Esther is to our lives. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the study for you. This 13 week study will meet Tuesdays beginning March 23 at 7:00 pm in Emily's home. Contact: Emily Miller to sign up. 218-463-3661 – [Emily\\_miller@roseau.k12.mn.us](mailto:Emily_miller@roseau.k12.mn.us).

## Woman After God's Own Heart Conference 2010

Lynda Randle Ministries  
May 14-15, 2010  
Warroad, Minnesota

You may now register on-line at [www.lyndarandle.com](http://www.lyndarandle.com)  
or call in your registration -- 816.792.5353

Early Registration through April 17th: \$50.00 Registration:  
April 18-May 14th \$60.00  
Group Rates Available

\$50 Two day pass (Saturday Lunch Included)  
(Add \$10 if after April 15th.)  
\$25 Friday Only (Add \$5 if after April 15th.)  
\$25 Saturday Only (Lunch Included) (Add \$5 if after April 15th.)

## Save the Date!!

June 25-27, 2010  
Women's Retreat at Hovda's cabin.  
Women, you are invited to get away for a week end at Hovda's cabin. Come for a day or the entire week end to relax and refresh. More details later.





### GROWTH SPURTS

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**Deadline for copy:** Any items for the Growth Spurts are **due no later than Wednesday each week.**

Items can be submitted to Traci Johnson via the church boxes, U.S. mail (402 11th Ave SE, Roseau, MN 56751), phone (463-2513) — short items only, or by sending an e-mail to tjohnson@fbcroseau.org.

**Today...** Greeters - Phil & Marcia Heppner Nursery - **Jane G., Rose G.**  
 6:30 P.M. Youth Praise Practice

Monday, March 8

6:30 P.M.

Men's Bible Study - Book of Hebrews (Donny's)

Tuesday, March 9

8:45 A.M.

MIT "Mom's In Touch" (Traci Fichter's)

7:00 P.M.

Prayer Mtg. (Ruthann's)

Wednesday, March 10

2:15 P.M.

Release Time

6:30 P.M.

Youth Group (FBC)

NO Awana (RHS)



Thursday, March 11

3:00 P.M.

Prayer - Capital Campaign

7:00 P.M.

NavTap (Rm. 201)

**Next Sunday...** Greeters - Ed & Becky Dunham Nursery - **Emily M., Beka D.**

10:00 A.M.

NO Sunday School

6:30 P.M.

Worship Celebration

Youth Praise Practice

\*Pastor Pat will be gone from Thursday - Sunday this coming week.